

PRE-PROCEDURE INSTRUCTIONS for PATIENTS with DIABETES

General:

1. If low blood sugar (less than 100mg/dl) occurs while fasting, drink 4 ounces of a clear sugar-containing beverage such as apple juice or Sprite. Write down the blood sugar and time and recheck the blood sugar in 15 minutes, repeating every 15 minutes until the blood sugar is greater than 100 mg/dl. Bring this information to the hospital.
2. Bring medications with you to the hospital, including insulin and other diabetic medications.

On the day BEFORE your procedure:

Date: _____

Oral Diabetic Medications:

1. If you are on a clear liquid diet, take normal doses of oral diabetic medications, except do not take the following at all: Starlix, Prandin, glyburide, glipizide, glimepiride, Avandaryl, Duetact, Glucovance, Metaglip or Prandimet.

Insulin:

1. If you are taking fixed doses of premixed or long-acting insulin (Lantus, Levemir, N), then take $\frac{1}{2}$ your normal doses.

On your PROCEDURE day:

Date: _____

1. Do not take ANY oral diabetic medications.
2. Do not take ANY short-acting or premixed insulin.
3. If you take Levemir, Lantus or NPH in the morning, take $\frac{1}{2}$ of your normal dose.

If you are on an insulin pump:

1. Change your infusion site the day BEFORE your procedure and continue your normal basal rates.
2. You may consider a 25% reduction in your basal rate if your morning fasting blood glucose averages are below 100 mg/dl.